

Position	Race Number	Name	Category	The Island	The Quarry	The Loop	Total Time
1	2	Andrew Wright	V40	18:27.3	16:01.9	17:58.5	52:28
2	11	James Adam	Sen	18:47.0	16:29.9	17:55.0	53:12
3	15	Paul Kieran	V40	18:49.5	16:49.0	18:12.6	53:51
4	14	Jamie Lessels	Jnr	20:09.9	17:24.2	18:39.5	56:14
5	1	Colin Somerville	Sen	20:04.7	17:40.3	18:59.0	56:44
6	8	Gary Pirie	V40	20:35.4	18:26.2	19:56.0	58:58
7	7	Martin Butcher	V40	20:42.7	18:47.1	20:02.4	59:32
8	3	Aaron Bennet	Jnr	21:08.8	18:39.9	20:21.0	1:00:10
9	9	Martin McNellis	V50	21:05.0	18:52.9	20:22.8	1:00:21
10	20	Andrew Jannetta	Sen	21:42.1	19:13.9	19:46.0	1:00:42
11	22	Michael Lindsay	Sen	21:55.3	19:05.0	20:51.6	1:01:52
12	5	Kristin Lownie	Sen W	21:43.7	19:31.4	20:44.2	1:01:59
13	21	Scott Love	V40	22:08.5	19:19.0	20:54.2	1:02:22
14	6	Julie Menzies	V40 W	22:22.3	19:08.2	21:18.6	1:02:49
15	4	Wright Beveridge	V50	21:39.7	19:59.7	21:14.5	1:02:54
16	18	Billy Stewart	Sen	21:59.8	19:49.9	21:09.6	1:02:59
17	34	Alan Cockburn	V50	22:03.4	19:37.0	21:27.8	1:03:08
18	39	John Crookston	V60	22:29.2	20:06.0	21:32.7	1:04:08
19	24	Ross Bennet	V40	25:52.0	23:00.0	24:44.4	1:13:36
20	33	Murray Thomson	V50	26:22.8	23:31.0	25:28.4	1:15:22
21	28	Robert Milton	V50	26:53.3	25:22.0	25:36.3	1:17:52